

Your Teen and Prescription Drugs...OH MY!

Tuesday, November 3, 2009 7:00-9:00 p.m.

Lincoln East High School Cafeteria

Sponsored by the East Community Group



Did you know that prescription drug abuse has skyrocketed in the U.S. and Lincoln? The drugs are generally easy to access and can be deadly when taken without a doctor's supervision.

Attend this Forum to learn more about the growing availability of prescription and over-the-counter drugs and the danger it puts our kids into.

- ✓ Get tips on setting boundaries for your children, including supervising the prescriptions in your home, and parenting practices that can help you.
- ✓ Learn about transitioning your junior or senior to living on campus or away from home while making healthy decisions regarding substance abuse.

To register, call LCAD at 475-2694 or email tcirisheyes@aol.com today!
Everyone is welcome to attend.

Building Strong Communities



Through Education and Prevention