



Lincoln East Counseling Team

LINCOLN EAST STUDENT SERVICES BULLETIN

This information will also be posted weekly on the Lincoln East High website at:
<http://ehs.lps.org/East/people/counselor.html>

STAFF, STUDENTS & PARENTS: This info is compiled for the benefit of our students, our most precious assets. Please read & use this info.

Thanks, Teachers for posting this in your room!

Volume 29 No 3

September 10, 2009

SAT TEST DATES AND DEADLINE

Test Dates

October 10, 2009
November 7, 2009
December 5, 2009
January 23, 2010
March 13, 2010*
May 1, 2010
June 5, 2010

Regular Registration Deadlines

September 9, 2009
October 1, 2009
October 30, 2009
December 15, 2009
February 4, 2010
March 25, 2010
April 29, 2010

Late Registration Deadline

September 23, 2009
October 15, 2009
November 12, 2009
December 30, 2009
February 18, 2010
April 8, 2010
May 15, 2010

*On this date, only the SAT Reasoning Test is offered.

PSAT TEST DATE

October 17, 2009 (Saturday)

ADVANCED PLACEMENT (AP) EXAMINATIONS: 2009 EXAM DATES

May 3-7, 2010
May 10-14, 2010

ACT TEST DATES AND DEADLINES

Test Dates

October 24, 2009
December 12, 2009
February 6, 2010
April 10, 2010
June 12, 2010

Regular Registration Deadline

September 18, 2009
November 6, 2009
January 5, 2010
March 5, 2010
May 7, 2010

Late Registration Deadline

October 2, 2009
November 20, 2009
January 15, 2010
March 19, 2010
May 21, 2010

ACT web site – www.act.org

SAT web site – www.collegeboard.com

SYLVAN LEARNING CENTER – SAT & ACT Test Prep classes...contact Wesley Miller at 423-8833 or email at sylvan@neb.rr.com

BAYLOR TEST PREP - www.JohnBaylorTest.Prep.com or call 475-PREP

LPS ACT/SAT Prep Workshop – contact Linda Geisert if you have any questions at lgeisert@lps.org or call 441-6817. Applications can be downloaded at <http://ulhomepage.lps.org/lgeisert/ACTpage.htm>

KAPLAN TEST PREP – contact Tyson Barr, Program Manager, Kaplan Test Prep, now located at 1821 K Street (Lincoln School of Commerce), Lincoln, NE 402-475-7010, tyson_barr@kaplan.com

HUNTINGTON LEARNING CENTER – one on one individualized ACT prep instruction, test-taking strategies, flexible scheduling and experienced teachers. Located at 2801 Pine Lake Road, Suite "H". For more information call 423-0600.

ATTENTION SENIORS!

Any senior interested in attending the *University of Nebraska at Kearney's Multicultural Scholars and Leaders Day*, should pick up an application in the counseling center. The program, scheduled for October 28th, is open to all senior level students. **Deadline for submitting the application is September 30th.**



UNL FALL SENIOR VISIT

Friday, September 11, 2009

Admissions counselor Lindsay George will be here on Friday, September 11, during period 2 to meet with seniors who are interested in attending UNL next fall. The meeting will be in the cafeteria. Topics will include: the admissions process, financial aid, deadlines and opportunities UNL has to offer.

Please make your 2nd period teacher aware that you will be attending this session ahead of time. Attendance will be taken in the cafeteria at the beginning of the period.

COLLEGE/SCHOOL VISITS CALENDAR

The following colleges/military organizations will be visiting. If interested, **please sign up in advance** in the Counseling Center and notify your teacher. **ANY MAKE-UP WORK IS YOUR RESPONSIBILITY.**

| Month | Date | Time | School/Military Branch | City/State |
|-----------|------------|--------------------|-------------------------------------|-----------------|
| September | 14 | 10:00 a.m. | UNL – Food Science Technology Dept | Lincoln, NE |
| | 15 | 8:30 a.m. | Northwestern College | St. Paul, MN |
| | | 10:00 a.m. | Northwestern College | Orange City, IA |
| | 17 | 8:45 a.m. | Concordia University | Concordia, NE |
| | | 11:00 a.m. | College of Hair Design | Lincoln, NE |
| | 22 | 9:00 a.m. | Simpson College | Indianola Iowa |
| | 23 | 9:00 a.m. | Dana College | Blair, NE |
| | 24 | 9:30 a.m. | BryanLGH College of Health Sciences | Lincoln, NE |
| | | 11:00 a.m. | University of Nebraska – Kearney | Kearney, NE |
| | | 1:00 p.m. | Morningside College | Sioux City, IA |
| | 28 | 9:00 a.m. | Midland Lutheran College | Fremont, NE |
| 30 | 10:30 a.m. | Middlebury College | Middlebury, VT | |
| October | 7 | 8:30 a.m. | Hastings College | Hastings, NE |
| | | 11:00 a.m. | Northwest Missouri State | Maryville, MO |
| | 12 | 10:45 a.m. | Augustana College | Sioux Falls, SD |
| | 19 | 8:00 a.m. | Gustavus Adolphus | St. Peter, MN |



2009 PSAT TEST

Saturday, October 17 @ 8:00 a.m.

Juniors and highly motivated sophomores planning to attend a four-year college or university after high school are encouraged to take the PSAT test on **Saturday, October 17**, at East High School. Students may register for the test starting **Monday, September 28 until Friday, October 9** by purchasing a ticket in the Counseling Center. **Tickets prices TBA**; fee waivers will be available for students on free or reduced lunch. At the time of registration you will

receive a sample test and newspaper filled with helpful testing information. Checks can be made payable to Lincoln East High School.

The PSAT is the first step in the National Merit Scholarship competition. Only scores from a student's junior year will be considered in the competition

PRUDENTIAL SPIRIT OF COMMUNITY AWARD

All students in grades 9-12 are encouraged to apply for the Prudential Spirit of the Community Award. This award honors students who have engaged in **volunteer work in the community**. An information sheet, which details the on-line application process, is available in the counseling office. **All completed applications are due back in the counseling office NO LATER than November 2, 2009** (keep in mind this is the day we get back from fall break). If you have further questions, please see Mrs. Nicholson in the counseling office.

WENDY'S HIGH SCHOOL HEISMAN AWARD

SENIORS! It's Wendy's High School Heisman award application time! To qualify, you must be a senior high school student who has excelled in academics, athletics and student leadership. This year, Wendy's High School Heisman is inviting all seniors who work hard, are dedicated and have become role models for East High's underclassmen to apply. You must have at least a "B" average. If you are interested in applying for this honor, go to www.wendysheisman.com and fill out an application. **Applications must be reviewed and verified by Mrs. Nicholson NO LATER than 5:00 PM on October 1.** If you have questions see Mrs. Nicholson in the counseling office. The first 41,100 applicants will receive a free Wendy's gift card.

ATTORNEY GENERAL'S YOUTH ADVISORY COUNCIL

Are you a junior or senior? Interested in government policies and practices that affect teenagers? If so, then you are invited to apply to be on the Attorney General's Youth Advisory Council. Applications are available in the counseling center. All applications must be returned to the counseling center by October 1.

PASS-FAIL OPTION: Students and parents are reminded that there are some important deadlines concerning the pass-fail option and withdrawing from classes. Deadline for Pass/Fail Applications are:

- Quarter 1: September 23, 2009**
- Semester 1: November 13, 2009**
- Quarter 2: December 8, 2009**

WITHDRAWING FROM A CLASS: STUDENTS WITHDRAWING FROM CLASSES IN THE FIRST THREE WEEKS OF THE CLASS WILL HAVE NO RECORD OF THAT CLASS ON THEIR TRANSCRIPTS.

Withdrawing from classes:

- 1st Quarter classes between Sept. 10th & Sept. 23rd will result in a "W". After Sept. 23rd will result in an "F".**
- 1st Semester classes between Sept. 10th & Nov. 13th will result in a "W". After Nov. 13th will result in an "F".**
- 2nd Quarter classes between Nov. 20th & Dec. 8th will result in a "W". After Dec. 8th will result in an "F".**

COLLEGE OPPORTUNITIES

LINCOLN AREA 2009 COLLEGE FAIR

Sunday, October 18

EducationQuest Foundation will sponsor the Lincoln Area 2009 College Fair, **Sunday, October 18** from 1:00-3:30 PM at Southeast Community College, located on 8800 "O" Street. Representatives from as many as 100 colleges will be in attendance. EducationQuest will also conduct financial aid presentations during the college fair.

Helpful tips to make the most of the College Fairs:

- Before you attend, prepare a list of questions for school representative. Ask about application deadlines and scholarships.
- Determine what you want from a school. This helps you rule out some colleges and look more closely at others.
- Prepare pre-printed labels with your name and address to stick on information cards at college booths where you want additional information. This saves the redundancy of filling out cards.
- If you decide a college isn't right for you, contact the college and ask them to take you off their mailing list. This helps them, and saves you from receiving unnecessary mail.

SENIOR DAY @ South Dakota State University

September 19, 2009

Spend the afternoon exploring the academic opportunities SDSU has to offer and end the day by attending the SDSU vs. Indiana State game (high school students will receive complimentary tickets to the BBQ and football game). Sign up online at www.sdstate.edu (key word search: Senior Day).

2009 NATIONAL CHRISTIAN COLLEGE FAIRS

Tuesday, September 29

6:30-8:30 PM

Lincoln Christian High School

5801 South 84th Street

For more information go to www.nccf.us

ENGINEERING EXPLORATION DAY @ Colorado State University

October 3, 2009 and February 13, 2010

This free one-day event is designed for high school students who have an interest in engineering. To register go to: www.engr.colostate.edu and follow the link to "Exploration Day" then click on "Pre-Register on-line and enter information."

EXPLORATION DAY @ BryanLGH College of Health Sciences

Saturday, October 3, 2009

See program demonstrations, ask current students questions and begin to lay the foundation for your future. For more information call 402-481-8697.

HEALTH CAREERS FAIR @ University of Nebraska-Kearney

Wednesday, October 21, 2009

The fair will be held in the Nebraskan Student Union in room 238 from 9:30-2:00 PM. Over 40+ representatives from various health care professionals will be sponsoring tables at the fair. Informational sessions will also be hosted by several UNK departments, students, and health care professionals from 11:30-12:30 PM. **Information is available in the Counseling Center.**

OPEN HOUSE @ Xenon International Academy (Cosmetology, Esthetics and Nail Technology)

November 1, 2009

1-4:00 PM

To register call 402-393-2933 ext. 1008

FRIDAYS @ Wayne State College

Fall Visits: September 25, October 9, 16, and 23, November 6 and 20, December 11, 2009

Spring Visits: January 9, February 5, 12, and 26, March 19 and 26, and April 16, 2010

These days are designed for prospective students and their parents so they can experience what makes Wayne State a great place to be. This day includes:

- Information about the admission process and financial aid
- Student panels – meet WSC students and hear what they say about life at Wayne State
- Appointments with the academic department of your choice
- Campus experience
- Free lunch at the campus dining facility
- Parents are invited and encouraged to attend!

Register at http://www.wsc.edu/admission/visit_campus/fridays_at_wsc/

SCHOLARSHIPS ***** SCHOLARSHIPS ***** SCHOLARSHIPS

Register with **ScholarhsipQuest** on the **EducationQuest** website.

You will be asked to create a profile and then be directed to this database.

Only Nebraska scholarships which match your profile will be listed each time you log in.

You may update your profile at anytime. This site is a secure site and your personal information will be kept confidential.

Click on the ScholarshipQuest site weekly for a listing of new Nebraska scholarships promoted at ScholarshipQuest (www.educationquest.org/scholarshipquest.asp)

National Scholarships can be found through the following sites:

- www.fastaid.com
www.scholarshipmonkey.com
www.ScholarshipExperts.com
<https://studentaid2.ed.gov/logon.asp>
www.Schoolsoup.com
www.CollegeBoard.com

Be aware of scholarship and financial aid scams. Don't pay for these services!

Continue to be aware of the Student Services Bulletin and the East High School Student Services website, which will include **only** those scholarships **not** found at ScholarshipQuest.

THE SCHOLARSHIP PROCESS!

1. Note the scholarship deadline—"Deadlines are deadlines!" Our Counseling Center also sets firm deadlines for signups, applications, nominations, etc. – organize your scholarships in deadline order.
2. Determine whether you access the application on a) a web site, b) in the Counseling Center, or c) by sending away for the application.
3. If a paper copy is needed, go to the Counseling Center and look in the brown file cabinet labeled SCHOLARSHIPS.
4. Pull the application out of the file. If it is the last copy, take the file to the Counseling Center secretary Mrs. Cruickshank.
5. If there is no file or application, see our secretary.
6. If you need a transcript, order it from Ms. Hare our registrar at least 3 days in advance. If a letter of recommendation is required, contact references (teachers, counselor, coach, employer, etc.) at least two weeks in advance. Give them a completed copy of your Student Information Summary and/or a personal resume and a stamped, addressed envelope(s) if directions ask for the letter of reference is to be mailed directly to the school or university.
7. Complete all applications neatly, carefully and completely – type them/use the computer form whenever possible. NEVER fill out an application in pencil.
8. Most scholarships require YOU to compile all needed information and mail before the deadline. If instructions state otherwise, let references know who receives their letter and when the letter of recommendation is due. We recommend that you make a copy of your application for your file before mailing.
9. Questions: See your counselor.

SCHOLARSHIP INFORMATION:

| NAME | SPONSOR | AMOUNT | ELIGIBILITY | DEADLINE |
|--|----------------------|---|--|---|
| UNL Honors Program | UNL | Varies | General Criteria which varies: 1) ACT composite of 29 or above or combined SAT of 1300, 2) Class rank in the top 10%, 3) Commitment to academic and intellectual pursuits, 4) Evidence of engagement in school and community activities | You must complete the admissions application and be admitted to access the Honors Application. Early deadline November 15 Late deadline March 1 Apply on-line http://admissions.unl.edu/apply/ |
| Davidson College, NC Bryan Scholars and Davidson Scholars Program | Davidson College, NC | \$2,000 to \$20,000 annually or \$30,000 annually | 1) Enrolling at Davidson College, 2) Exceptional athletic capable of playing Division I and strong academic records. | 09/18/09 See Mrs. Baker if you would like to be nominated for this scholarship program. |

New

New

| NAME | SPONSOR | AMOUNT | ELIGIBILITY | DEADLINE |
|--|--|---|---|--|
| Washington University in St. Louis – Dan forth Scholars Program - Nomination | Washington University – St. Louis, MO | Partial and full | See Ms. Baker if you are interested in being nominated for the Danforth Scholars Program at Washington University: Nomination includes information about the student’s special qualities, exceptional contributions, personal integrity, leadership, academic excellence, and potential. | 10/01/09 See Ms. Baker by October 1 for the October 15 deadline . |
| Coca-Cola Scholars | Coca-Cola | 250 awards 50-\$20,000 200-\$10,000 OUR CEEB Code: 281303 | 1) Minimum 3.0 unweighted GPA at end of junior year, 2) Be on-line to graduate in 2010 and attend college, 3) Demonstrate leadership in school, civic and other extra-curricular activities, academic achievement, and motivation to serve and succeed in all endeavors. | 10/31/09 Submit electronically at: www.coca-colascholars.org |
| Emory Goizueta Business School | Emory University – Atlanta, GA | Varies | Apply to Emory (not early decision), complete application and essay. | 11/01/09 Pick up a nomination form in the counseling center. |
| Emory Scholars Program | Emory University—Atlanta, GA | Range from 2/3 tuition to full tuition, room and board | Apply to Emory University, complete application and essay. | 11/01/09 Pick up a nomination form in the counseling center. |
| UNL Jeffery Raikes Program | UNL | Varies | 1) Score at least a 30 on the ACT or a 1340 or above on the SAT, 2) Graduate in the top 10% of their class, 3) Display an interest in computer science and management, 4) Have proven leadership potential, 5) Show initiative by pursuing a rigorous education. | 11/15/09 Apply online: http://raikes.unl.edu |
| Skidmore College Department of Music – Filene Scholarship Competition | Skidmore College – Lincoln and Therese Filene Foundation | \$40,000 (\$10,000/year) | 1) Plan to enroll at Skidmore College, 2) Register online and send cassette/CD You do not have to be a Music Major! | 1/15/10 http://www.skidmore.edu/academics/music/scholarships/Filene-index.htm |
| University of Missouri-Columbia College of Business Ponder Minority | MU | \$5,000 renewable yearly | 1) Enrolling at MU College of Business in accountancy, economics, finance, international business, management, or marketing, 2) Minority student – African American, Asian/Pacific Islander, Hispanic, Native American/Alaskan, 3) Financial need, 4) Academic achievement. | 02/01/10 Apply on-line: http://business.missouri.edu/1895/default.aspx |
| University of Missouri-Columbia College of Business Robert J. Trulaske, Sr | MU | \$6,675 renewable yearly | 1) Enrolling at MU College of Business, 2) Children of True Manufacturing Co employee, 3) Financial need, 4) Upper two-thirds of class, 5) Exhibited business interest. | 02/01/10 Apply on-line: http://business.missouri.edu/721/default.aspx |
| University of Missouri-Columbia College of Business Sam Walton Scholarship | MU | \$6,675 renewable yearly | 1) Enrolling at MU College of Business in economics, finance, international business, management, or marketing, 2) Academic achievement, 3) Financial need, 4) Interest in retail. | 02/01/10 Apply on-line: http://business.missouri.edu/1367/default.aspx |
| Dr. Seuss’s Oh, The Places You’ll Go! 2010 College Scholarship Program | Random House Children’s Books | 1 st place - \$5,000 | 1) Graduating senior, 2) Complete the essay question: “Dr. Seuss’s <i>Oh, the Places You’ll Go!</i> Delivers an important message about the chances and the troubles that life presents. Thinking about the book, <i>Oh, The Places You’ll Go!</i> , what kinds of opportunities and challenges do you think your education will present in the future?” | 02/15/10 Application online www.ohtheplaces.org |
| American Legion Auxiliary National Girl Scout Achievement Award | American Legion Auxiliary | \$1,000 | 1) Graduating senior or junior, who earned the Girl Scout Gold Award, 2) Active in a religious institution and received the religious emblem, 3) Demonstrated practical citizenship, 4) Essay and letter of recommendation. | 03/01/10 Pick up app in Counseling Center. |

New