



# LINCOLN EAST STUDENT SERVICES BULLETIN

This information will also be posted weekly on the Lincoln East High website at:  
<http://ehs.lps.org/East/people/counselor.html>

STAFF, STUDENTS & PARENTS: This info is compiled for the benefit of our students, our most precious assets. Please read & use this info.

*Thanks, Teachers for posting this in your room!*

**Volume 29 No 5**

**September 24, 2009**

### SAT TEST DATES AND DEADLINE

**Test Dates**

October 10, 2009  
 November 7, 2009  
 December 5, 2009  
 January 23, 2010  
 March 13, 2010\*  
 May 1, 2010  
 June 5, 2010

**Regular Registration Deadlines**

September 9, 2009  
 October 1, 2009  
 October 30, 2009  
 December 15, 2009  
 February 4, 2010  
 March 25, 2010  
 April 29, 2010

**Late Registration Deadline**

September 23, 2009  
 October 15, 2009  
 November 12, 2009  
 December 30, 2009  
 February 18, 2010  
 April 8, 2010  
 May 15, 2010

\*On this date, only the SAT Reasoning Test is offered.

### PSAT TEST DATE

October 17, 2009 (Saturday)

### ADVANCED PLACEMENT (AP) EXAMINATIONS: 2009 EXAM DATES

May 3-7, 2010  
 May 10-14, 2010

### ACT TEST DATES AND DEADLINES

**Test Dates**

October 24, 2009  
 December 12, 2009  
 February 6, 2010  
 April 10, 2010  
 June 12, 2010

**Regular Registration Deadline**

September 18, 2009  
 November 6, 2009  
 January 5, 2010  
 March 5, 2010  
 May 7, 2010

**Late Registration Deadline**

October 2, 2009  
 November 20, 2009  
 January 15, 2010  
 March 19, 2010  
 May 21, 2010

**ACT web site** – [www.act.org](http://www.act.org)

**SAT web site** – [www.collegeboard.com](http://www.collegeboard.com)

**SYLVAN LEARNING CENTER** – SAT & ACT Test Prep classes...contact Wesley Miller at 423-8833 or email at [sylvan@neb.rr.com](mailto:sylvan@neb.rr.com)

**BAYLOR TEST PREP** - [www.JohnBaylorTest.Prep.com](http://www.JohnBaylorTest.Prep.com) or call 475-PREP

**LPS ACT/SAT Prep Workshop** – contact Linda Geisert if you have any questions at [lgeisert@lps.org](mailto:lgeisert@lps.org) or call 441-6817. Applications can be downloaded at <http://ulhomepage.lps.org/lgeisert/ACTpage.htm>

**KAPLAN TEST PREP** – contact Tyson Barr, Program Manager, Kaplan Test Prep, now located at 1821 K Street (Lincoln School of Commerce), Lincoln, NE 402-475-7010, [tyson\\_barr@kaplan.com](mailto:tyson_barr@kaplan.com)

**HUNTINGTON LEARNING CENTER** – one on one individualized ACT prep instruction, test-taking strategies, flexible scheduling and experienced teachers. Located at 2801 Pine Lake Road, Suite "H". For more information call 423-0600.

**SENIORS:** If your planning on attending **Spartan Wesleyan Day** on Tuesday, October 13 (New Date), the deadline to turn in you permission slip is Friday, September 25! For more information or questions about this day see Ms. Baker in the Counseling Center.

**ATTENTION SENIORS!** Any senior interested in attending the *University of Nebraska at Kearney's Multicultural Scholars and Leaders Day*, should pick up an application in the counseling center. The program, scheduled for October 28th, is open to all senior level students. **Deadline for submitting the application is September 30<sup>th</sup>.**

### NATIONAL YOUTH FORUMS

Interested in Leadership? Law and Crime Scene Investigation? Medicine? International Relations? If you are in grades 9-11 and have at least a 3.5 GPA, you can be nominated to participate in the National Youth Forums on Leadership, Law and CSI, Medicine or International Relations. If you would like more information or to have your name placed in nomination for one or more of the National Youth Forums, please see Mrs. Cruickshank in the counseling center before **September 30<sup>th</sup>!**

## COLLEGE/SCHOOL VISITS CALENDAR

The following colleges/military organizations will be visiting. If interested, **please sign up in advance** in the Counseling Center and notify your teacher. **ANY MAKE-UP WORK IS YOUR RESPONSIBILITY.**

Month	Date	Time	School/Military Branch	City/State
September	24	9:30 a.m.	BryanLGH College of Health Sciences	Lincoln, NE
		11:00 a.m.	University of Nebraska – Kearney	Kearney, NE
		1:00 p.m.	Morningside College	Sioux City, IA
	28	9:00 a.m.	Midland Lutheran College	Fremont, NE
	29	10:30 a.m.	University of Nebraska – Omaha	Omaha, NE
	30	10:30 a.m.	Middlebury College	Middlebury, VT
October	1	10:30 a.m.	Nebraska Christian College	Papillion, NE
	7	8:30 a.m.	Hastings College	Hastings, NE
		11:00 a.m.	Northwest Missouri State	Maryville, MO
		12	10:45 a.m.	Augustana College
	13	1:00 p.m.	Briarcliff University	Sioux City, IA
	19	8:00 a.m.	Gustavus Adolphus	St. Peter, MN
		10:00 a.m.	Drake University	Des Moines, IA
		11:00 a.m.	Stephans College	Columbia, MO
	20	1:00 p.m.	Kansas University	Lawrence, KS
		8:45 a.m.	Texas Christian University	Fortworth, TX
23		11:00 a.m.	Central Community College	Columbus, Grand Island & Hastings

### 2009 PSAT TEST

**Saturday, October 17 @ 8:00 a.m.**

Juniors and highly motivated sophomores planning to attend a four-year college or university after high school are encouraged to take the PSAT test on **Saturday, October 17**, at East High School. Students may register for the test starting **Monday, September 28 until Friday, October 9** by purchasing a ticket in the Counseling Center. **Tickets prices are \$18.00**; fee waivers will be available for students on free or reduced lunch. After October 9, any available tickets will be sold at double the regular cost. At the time of registration you will receive a sample test and newspaper filled with helpful testing information. Checks can be made payable to Lincoln East High School.

**The PSAT is the first step in the National Merit Scholarship competition. Only scores from a student's junior year will be considered in the competition**

### ATTORNEY GENERAL'S YOUTH ADVISORY COUNCIL

Are you a junior or senior? Interested in government policies and practices that affect teenagers? If so, then you are invited to apply to be on the Attorney General's Youth Advisory Council. Applications are available in the counseling center. All applications must be returned to the counseling center by **October 1**.

### PRUDENTIAL SPIRIT OF COMMUNITY AWARD

All students in grades 9-12 are encouraged to apply for the Prudential Spirit of the Community Award. This award honors students who have engaged in **volunteer work in the community**. An information sheet, which details the on-line application process, is available in the counseling office. **All completed applications are due back in the counseling office NO LATER than November 2, 2009** (keep in mind this is the day we get back from fall break). If you have further questions, please see Mrs. Nicholson in the counseling office.

### WENDY'S HIGH SCHOOL HEISMAN AWARD

SENIORS! It's Wendy's High School Heisman award application time! To qualify, you must be a senior high school student who has excelled in academics, athletics and student leadership. This year, Wendy's High School Heisman is inviting all seniors who work hard, are dedicated and have become role models for East High's underclassmen to apply. You must have at least a "B" average. If you are interested in applying for this honor, go to [www.wendysheisman.com](http://www.wendysheisman.com) and fill out an application. **Applications must be reviewed and verified by Mrs. Nicholson NO LATER than 5:00 PM on October 1.** If you have questions see Mrs. Nicholson in the counseling office. The first 41,100 applicants will receive a free Wendy's gift card.

**PASS-FAIL OPTION:** Students and parents are reminded that there are some important deadlines concerning the pass-fail option and withdrawing from classes. Deadline for Pass/Fail Applications are:

**Quarter 1: September 23, 2009**

**Semester 1: November 13, 2009**

**Quarter 2: December 8, 2009**

**WITHDRAWING FROM A CLASS:** STUDENTS WITHDRAWING FROM CLASSES IN THE FIRST THREE WEEKS OF THE CLASS WILL HAVE NO RECORD OF THAT CLASS ON THEIR TRANSCRIPTS.

Withdrawing from classes:

**1<sup>st</sup> Quarter classes between Sept. 10<sup>th</sup> & Sept. 23<sup>rd</sup> will result in a "W". After Sept. 23<sup>rd</sup> will result in an "F".**

**1<sup>st</sup> Semester classes between Sept. 10<sup>th</sup> & Nov. 13<sup>th</sup> will result in a "W". After Nov. 13<sup>th</sup> will result in an "F".**

**2<sup>nd</sup> Quarter classes between Nov. 20<sup>th</sup> & Dec. 8<sup>th</sup> will result in a "W". After Dec. 8<sup>th</sup> will result in an "F".**

## COLLEGE OPPORTUNITIES

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### LINCOLN AREA 2009 COLLEGE FAIR

**Sunday, October 18**

EducationQuest Foundation will sponsor the Lincoln Area 2009 College Fair, **Sunday, October 18** from 1:00-3:30 PM at Southeast Community College, located on 8800 "O" Street. Representatives from as many as 100 colleges will be in attendance. EducationQuest will also conduct financial aid presentations during the college fair.

Helpful tips to make the most of the College Fairs:

- Before you attend, prepare a list of questions for school representative. Ask about application deadlines and scholarships.
- Determine what you want from a school. This helps you rule out some colleges and look more closely at others.
- Prepare pre-printed labels with your name and address to stick on information cards at college booths where you want additional information. This saves the redundancy of filling out cards.
- If you decide a college isn't right for you, contact the college and ask them to take you off their mailing list. This helps them, and saves you from receiving unnecessary mail.

### 2009 NATIONAL CHRISTIAN COLLEGE FAIRS

**Tuesday, September 29**

**6:30-8:30 PM**

Lincoln Christian High School

5801 South 84<sup>th</sup> Street

For more information go to [www.nccf.us](http://www.nccf.us)

### ENGINEERING EXPLORATION DAY @ Colorado State University

**October 3, 2009 and February 13, 2010**

This free one-day event is designed for high school students who have an interest in engineering. To register go to: [www.engr.colostate.edu](http://www.engr.colostate.edu) and follow the link to "Exploration Day" then click on "Pre-Register on-line and enter information."

### EXPLORATION DAY @ BryanLGH College of Health Sciences

**Saturday, October 3, 2009**

See program demonstrations, ask current students questions and begin to lay the foundation for your future. For more information call 402-481-8697.

### HEALTH CAREERS FAIR @ University of Nebraska-Kearney

**Wednesday, October 21, 2009**

The fair will be held in the Nebraskan Student Union in room 238 from 9:30-2:00 PM. Over 40+ representatives from various health care professionals will be sponsoring tables at the fair. Informational sessions will also be hosted by several UNK departments, students, and health care professionals from 11:30-12:30 PM. **Information is available in the Counseling Center.**

### OPEN HOUSE @ Xenon International Academy (Cosmetology, Esthetics and Nail Technology)

**November 1, 2009**

1-4:00 PM

To register call 402-393-2933 ext. 1008

### OPEN HOUSE @ College of Hair Design

Fall: Wednesday, November 4, 2009

Spring: Wednesday, April 7, 2010

To register call 800-798-4247

### FRIDAYS @ Wayne State College

**Fall Visits:** October 9, 16, and 23, November 6 and 20, December 11, 2009

**Spring Visits:** January 9, February 5, 12, and 26, March 19 and 26, and April 16, 2010

These days are designed for prospective students and their parents so they can experience what makes Wayne State a great place to be. This day includes:

- Information about the admission process and financial aid
- Student panels – meet WSC students and hear what they say about life at Wayne State
- Appointments with the academic department of your choice
- Campus experience
- Free lunch at the campus dining facility
- Parents are invited and encouraged to attend!

Register at [http://www.wsc.edu/admission/visit\\_campus/fridays\\_at\\_wsc/](http://www.wsc.edu/admission/visit_campus/fridays_at_wsc/)

## SCHOLARSHIPS \*\*\*\*\* SCHOLARSHIPS \*\*\*\*\* SCHOLARSHIPS

Register with **ScholarhsipQuest** on the **EducationQuest** website.

You will be asked to create a profile and then be directed to this database.

Only Nebraska scholarships which match your profile will be listed each time you log in.

You may update your profile at anytime. This site is a secure site and your personal information will be kept confidential.

Click on the ScholarshipQuest site weekly for a listing of new Nebraska scholarships promoted at ScholarshipQuest ([www.educationquest.org/scholarshipquest.asp](http://www.educationquest.org/scholarshipquest.asp))

National Scholarships can be found through the following sites:

[www.fastaid.com](http://www.fastaid.com)

[www.scholarshipmonkey.com](http://www.scholarshipmonkey.com)

[www.ScholarshipExperts.com](http://www.ScholarshipExperts.com)

<https://studentaid2.ed.gov/logon.asp>

[www.Schoolsoup.com](http://www.Schoolsoup.com)

[www.CollegeBoard.com](http://www.CollegeBoard.com)

Be aware of scholarship and financial aid scams. Don't pay for these services!

Continue to be aware of the Student Services Bulletin and the East High School Student Services website, which will include **only** those scholarships **not** found at ScholarshipQuest.

### THE SCHOLARSHIP PROCESS!

1. Note the scholarship deadline-“Deadlines are deadlines!” Our Counseling Center also sets firm deadlines for signups, applications, nominations, etc. – organize your scholarships in deadline order.
2. Determine whether you access the application on a) a web site, b) in the Counseling Center, or c) by sending away for the application.
3. If a paper copy is needed, go to the Counseling Center and look in the brown file cabinet labeled SCHOLARSHIPS.
4. Pull the application out of the file. If it is the last copy, take the file to the Counseling Center secretary Mrs. Cruickshank.
5. If there is no file or application, see our secretary.
6. If you need a transcript, order it from Ms. Hare our registrar at least 3 days in advance. If a letter of recommendation is required, contact references (teachers, counselor, coach, employer, etc.) at least two weeks in advance. Give them a completed copy of your Student Information Summary and/or a personal resume and a stamped, addressed envelope(s) if directions ask for the letter of reference is to be mailed directly to the school or university.
7. Complete all applications neatly, carefully and completely – type them/use the computer form whenever possible. NEVER fill out an application in pencil.
8. Most scholarships require YOU to compile all needed information and mail before the deadline. If instructions state otherwise, let references know who receives their letter and when the letter of recommendation is due. We recommend that you make a copy of your application for your file before mailing.
9. Questions: See your counselor.

### SCHOLARSHIP INFORMATION:

NAME	SPONSOR	AMOUNT	ELIGIBILITY	DEADLINE
UNL Honors Program	UNL	Varies	General Criteria which varies: 1) ACT composite of 29 or above or combined SAT of 1300, 2)Class rank in the top 10%, 3) Commitment to academic and intellectual pursuits, 4) Evidence of engagement in school and community activities	You must complete the admissions application and be admitted to access the Honors Application. Early deadline November 15 Late deadline March 1 Apply on-line <a href="http://admissions.unl.edu/apply/">http://admissions.unl.edu/apply/</a>
Washington University in St. Louis – Dan forth Scholars Program - Nomination	Washington University – St. Louis, MO	Partial and full	See Ms. Baker if you are interested in being nominated for the Danforth Scholars Program at Washington University: Nomination includes information about the student's special qualities, exceptional contributions, personal integrity, leadership, academic excellence, and potential.	10/01/09 See Ms. Baker by October 1 for the <b>October 15 deadline.</b>

New

New

New

NAME	SPONSOR	AMOUNT	ELIGIBILITY	DEADLINE
<b>American Legion National High School Oratorical Contest Scholarship Program</b>	American Legion	District top 3 \$100 each State \$200-\$1000 1-\$18,000 1-\$16,000 1-\$14,000	1) US citizen or permanent resident, 2) Under age 20 <b>in grades 9-12</b> , 3) Prepared Oration and Assigned Topic discourse on some phase of the US Constitution. 4) One orator from East High School – District Contest 11-14-08 in Lincoln.	10/01/09 See Ms. Baker if you plan to participate as we may have only one orator from East.
<b>Meyerhoff Scholarship Program</b>	University of Maryland, Baltimore County	Tuition, fees, Room & Board for 4 years	1) At least a “B” average in college-preparatory mathematics and science, 2) Cumulative 3.0 GPA, 3) Aspire to obtain a Ph.D. or MD/Ph.D. in Math, Science, Computer Science or Engineering, 4) Demonstrated community service, 5) Minimum 600 SAT score, 6) US Citizen or permanent resident.	10/12/09 IF YOU QUALIFY, sign up in Counseling Center to be nominated.
Coca-Cola Scholars	Coca-Cola	250 awards 50-\$20,000 200-\$10,000 OUR CEEB Code: 281303	1) Minimum 3.0 unweighted GPA at end of junior year, 2) Be on-line to graduate in 2010 and attend college, 3) Demonstrate leadership in school, civic and other extra-curricular activities, academic achievement, and motivation to serve and succeed in all endeavors.	10/31/09 Submit electronically at: <a href="http://www.coca-colascholars.org">www.coca-colascholars.org</a>
Emory Goizueta Business School	Emory University – Atlanta, GA	Varies	Apply to Emory (not early decision), complete application and essay.	11/01/09 Pick up a nomination form in the counseling center.
Emory Scholars Program	Emory University—Atlanta, GA	Range from 2/3 tuition to full tuition, room and board	Apply to Emory University, complete application and essay.	11/01/09 Pick up a nomination form in the counseling center.
UNL Jeffery Raikes Program	UNL	Varies	1) Score at least a 30 on the ACT or a 1340 or above on the SAT, 2) Graduate in the top 10% of their class, 3) Display an interest in computer science and management, 4) Have proven leadership potential, 5) Show initiative by pursuing a rigorous education.	11/15/09 Apply online: <a href="http://raikes.unl.edu">http://raikes.unl.edu</a>
<b>The Constance K. Rife Scholarship</b>	NE School Activities Association	\$1,000	1) Female graduating senior on the high school golf team, 2) Essay, 3) Recommendation	12/15/09 Available on-line after October 15 <a href="http://www.mhbgolf.com">www.mhbgolf.com</a>
Skidmore College Department of Music – Filene Scholarship Competition	Skidmore College – Lincoln and Therese Filene Foundation	\$40,000 (\$10,000/year)	1) Plan to enroll at Skidmore College, 2) Register online and send cassette/CD You do not have to be a Music Major!	1/15/10 <a href="http://www.skidmore.edu/academics/music/scholarships/Filene-index.htm">http://www.skidmore.edu/academics/music/scholarships/Filene-index.htm</a>
University of Missouri-Columbia College of Business Ponder Minority	MU	\$5,000 renewable yearly	1) Enrolling at MU College of Business in accountancy, economics, finance, international business, management, or marketing, 2) Minority student – African American, Asian/Pacific Islander, Hispanic, Native American/Alaskan, 3) Financial need, 4) Academic achievement.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/1895/default.aspx">http://business.missouri.edu/1895/default.aspx</a>
University of Missouri-Columbia College of Business Robert J. Trulaske, Sr	MU	\$6,675 renewable yearly	1) Enrolling at MU College of Business, 2) Children of True Manufacturing Co employee, 3) Financial need, 4) Upper two-thirds of class, 5) Exhibited business interest.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/721/default.aspx">http://business.missouri.edu/721/default.aspx</a>
University of Missouri-Columbia College of Business Sam Walton Scholarship	MU	\$6,675 renewable yearly	1) Enrolling at MU College of Business in economics, finance, international business, management, or marketing, 2) Academic achievement, 3) Financial need, 4) Interest in retail.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/1367/default.aspx">http://business.missouri.edu/1367/default.aspx</a>
Dr. Seuss’s Oh, The Places You’ll Go! 2010 College Scholarship Program	Random House Children’s Books	1 <sup>st</sup> place - \$5,000	1) Graduating senior, 2) Complete the essay question: “Dr. Seuss’s <i>Oh, the Places You’ll Go!</i> Delivers an important message about the chances and the troubles that life presents. Thinking about the book, <i>Oh, The Places You’ll Go!</i> , what kinds of opportunities and challenges do you think your education will present in the future?”	02/15/10 Application online <a href="http://www.ohtheplaces.org">www.ohtheplaces.org</a>
American Legion Auxiliary National Girl Scout Achievement Award	American Legion Auxiliary	\$1,000	1) Graduating senior or junior, who earned the Girl Scout Gold Award, 2) Active in a religious institution and received the religious emblem, 3) Demonstrated practical citizenship, 4) Essay and letter of recommendation.	03/01/10 Pick up app in Counseling Center.