



# LINCOLN EAST

## STUDENT SERVICES BULLETIN

This information will also be posted weekly on the Lincoln East High website at:  
<http://ehs.lps.org/East/people/counselor.html>

STAFF, STUDENTS & PARENTS: This info is compiled for the benefit of our students, our most precious assets. Please read & use this info.

*Thanks, Teachers for posting this in your room!*

**Volume 29 No 2**

**September 3, 2009**

### SAT TEST DATES AND DEADLINE

**Test Dates**

October 10, 2009  
November 7, 2009  
December 5, 2009  
January 23, 2010  
March 13, 2010\*  
May 1, 2010  
June 5, 2010

**Regular Registration Deadlines**

September 9, 2009  
October 1, 2009  
October 30, 2009  
December 15, 2009  
February 4, 2010  
March 25, 2010  
April 29, 2010

**Late Registration Deadline**

September 23, 2009  
October 15, 2009  
November 12, 2009  
December 30, 2009  
February 18, 2010  
April 8, 2010  
May 15, 2010

\*On this date, only the SAT Reasoning Test is offered.

### PSAT TEST DATE

October 17, 2009 (Saturday)

### ADVANCED PLACEMENT (AP) EXAMINATIONS: 2009 EXAM DATES

May 3-7, 2010  
May 10-14, 2010

### ACT TEST DATES AND DEADLINES

**Test Dates**

October 24, 2009  
December 12, 2009  
February 6, 2010  
April 10, 2010  
June 12, 2010

**Regular Registration Deadline**

September 18, 2009  
November 6, 2009  
January 5, 2010  
March 5, 2010  
May 7, 2010

**Late Registration Deadline**

October 2, 2009  
November 20, 2009  
January 15, 2010  
March 19, 2010  
May 21, 2010

ACT web site – [www.act.org](http://www.act.org)

SAT web site – [www.collegeboard.com](http://www.collegeboard.com)

SYLVAN LEARNING CENTER – SAT & ACT Test Prep classes...contact Wesley Miller at 423-8833 or email at [sylvan@neb.rr.com](mailto:sylvan@neb.rr.com)

BAYLOR TEST PREP - [www.JohnBaylorTest.Prep.com](http://www.JohnBaylorTest.Prep.com) or call 475-PREP

LPS ACT/SAT Prep Workshop – contact Linda Geisert if you have any questions at [lgeisert@lps.org](mailto:lgeisert@lps.org) or call 441-6817. Applications can be downloaded at <http://ulhomepage.lps.org/lgeisert/ACTpage.htm>

KAPLAN TEST PREP – contact Tyson Barr, Program Manager, Kaplan Test Prep, now located at 1821 K Street (Lincoln School of Commerce), Lincoln, NE 402-475-7010, [tyson\\_barr@kaplan.com](mailto:tyson_barr@kaplan.com)

HUNTINGTON LEARNING CENTER – one on one individualized ACT prep instruction, test-taking strategies, flexible scheduling and experienced teachers. Located at 2801 Pine Lake Road, Suite "H". For more information call 423-0600.



### UNL FALL SENIOR VISIT

**Friday, September 11, 2009**

Admissions counselor Lindsay George will be here on Friday, September 11, during period 2 to meet with seniors who are interested in attending UNL next fall. The meeting will be in the cafeteria. Topics will include: the admissions process, financial aid, deadlines and opportunities

UNL has to offer.

**Please make your 2<sup>nd</sup> period teacher aware that you will be attending this session ahead of time.** Attendance will be taken in the cafeteria at the beginning of the period.

## COLLEGE/SCHOOL VISITS CALENDAR

The following colleges/military organizations will be visiting. If interested, **please sign up in advance** in the Counseling Center and notify your teacher. **ANY MAKE-UP WORK IS YOUR RESPONSIBILITY.**

Month	Date	Time	School/Military Branch	City/State
September	7		Labor Day Observed – No School	
	14	10:00 a.m.	UNL – Food Science Technology Dept	Lincoln, NE
	15	8:30 a.m.	Northwestern College	St. Paul, MN
		10:00 a.m.	Northwestern College	Orange City, IA
	17	8:45 a.m.	Concordia University	Concordia, NE
		11:00 a.m.	College of Hair Design	Lincoln, NE
	24	9:30 a.m.	BryanLGH College of Health Sciences	Lincoln, NE
		11:00 a.m.	University of Nebraska – Kearney	Kearney, NE
		1:00 p.m.	Morningside College	Sioux City, IA
	28	9:00 a.m.	Midland Lutheran College	Fremont, NE
	30	10:30 a.m.	Middlebury College	Middlebury, VT



### 2009 PSAT TEST

**Saturday, October 17 @ 8:00 a.m.**

**Juniors and highly motivated sophomores** planning to attend a four-year college or university after high school are encouraged to take the PSAT test on **Saturday, October 17**, at East High School. Students may register for the test starting **Monday, September 28 until Friday, October 9** by purchasing a ticket in the Counseling Center. **Tickets are \$18.00**; fee waivers are available for students on free or reduced lunch. At

the time of registration you will receive a sample test and newspaper filled with helpful testing information. Checks can be made payable to Lincoln East High School.

**The PSAT is the first step in the National Merit Scholarship competition. Only scores from a student's junior year will be considered in the competition**

### PRUDENTIAL SPIRIT OF COMMUNITY AWARD

All students in grades 9-12 are encouraged to apply for the Prudential Spirit of the Community Award. This award honors students who have engaged in **volunteer work in the community**. An information sheet, which details the on-line application process, is available in the counseling office. **All completed applications are due back in the counseling office NO LATER than November 2, 2009** (keep in mind this is the day we get back from fall break). If you have further questions, please see Mrs. Nicholson in the counseling office.

### WENDY'S HIGH SCHOOL HEISMAN AWARD

**SENIORS!** It's Wendy's High School Heisman award application time! To qualify, you must be a senior high school student who has excelled in academics, athletics and student leadership. This year, Wendy's High School Heisman is inviting all seniors who work hard, are dedicated and have become role models for East High's underclassmen to apply. You must have at least a "B" average. If you are interested in applying for this honor, go to [www.wendysheisman.com](http://www.wendysheisman.com) and fill out an application. **Applications must be reviewed and verified by Mrs. Nicholson NO LATER than 5:00 PM on October 1.** If you have questions see Mrs. Nicholson in the counseling office. The first 41,100 applicants will receive a free Wendy's gift card.

### ATTORNEY GENERAL'S YOUTH ADVISORY COUNCIL

Are you a junior or senior? Interested in government policies and practices that affect teenagers? If so, then you are invited to apply to be on the Attorney General's Youth Advisory Council. Applications are available in the counseling center. All applications must be returned to the counseling center by October 1.

**PASS-FAIL OPTION:** Students and parents are reminded that there are some important deadlines concerning the pass-fail option and withdrawing from classes. Deadline for Pass/Fail Applications are:

**Quarter 1: September 23, 2009**

**Semester 1: November 13, 2009**

**Quarter 2: December 8, 2009**

**WITHDRAWING FROM A CLASS:** STUDENTS WITHDRAWING FROM CLASSES IN THE FIRST THREE WEEKS OF THE CLASS WILL HAVE NO RECORD OF THAT CLASS ON THEIR TRANSCRIPTS.

Withdrawing from classes:

**1<sup>st</sup> Quarter classes between Sept. 10<sup>th</sup> & Sept. 23<sup>rd</sup> will result in a "W". After Sept. 23<sup>rd</sup> will result in an "F".**

**1<sup>st</sup> Semester classes between Sept. 10<sup>th</sup> & Nov. 13<sup>th</sup> will result in a "W". After Nov. 13<sup>th</sup> will result in an "F".**

**2<sup>nd</sup> Quarter classes between Nov. 20<sup>th</sup> & Dec. 8<sup>th</sup> will result in a "W". After Dec. 8<sup>th</sup> will result in an "F".**

## COLLEGE OPPORTUNITIES

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### LINCOLN AREA 2009 COLLEGE FAIR

**Sunday, October 18**

EducationQuest Foundation will sponsor the Lincoln Area 2009 College Fair, **Sunday, October 18** from 1:00-3:30 PM at Southeast Community College, located on 8800 "O" Street. Representatives from as many as 100 colleges will be in attendance. EducationQuest will also conduct financial aid presentations during the college fair.

Helpful tips to make the most of the College Fairs:

- Before you attend, prepare a list of questions for school representative. Ask about application deadlines and scholarships.
- Determine what you want from a school. This helps you rule out some colleges and look more closely at others.
- Prepare pre-printed labels with your name and address to stick on information cards at college booths where you want additional information. This saves the redundancy of filling out cards.
- If you decide a college isn't right for you, contact the college and ask them to take you off their mailing list. This helps them, and saves you from receiving unnecessary mail.

### OMAHA JESUIT COLLEGE FAIR

**Wednesday, September 9, 2009**

Creighton University will be hosting the Omaha Jesuit College Fair on Wednesday, September 9 from 6:30-8:30 PM. The Jesuit College Fair will be at the Omaha Marriott/Grand Ballroom, which is located at 10220 Regency Circle, Omaha, NE.

### SENIOR DAY @ South Dakota State University

**September 19, 2009**

Spend the afternoon exploring the academic opportunities SDSU has to offer and end the day by attending the SDSU vs. Indiana State game (high school students will receive complimentary tickets to the BBQ and football game). Sign up online at [www.sdstate.edu](http://www.sdstate.edu) (key word search: Senior Day).

### 2009 NATIONAL CHRISTIAN COLLEGE FAIRS

**Tuesday, September 29**

**6:30-8:30 PM**

Lincoln Christian High School

5801 South 84<sup>th</sup> Street

For more information go to [www.nccf.us](http://www.nccf.us)

### ENGINEERING EXPLORATION DAY @ Colorado State University

**October 3, 2009 and February 13, 2010**

This free one-day event is designed for high school students who have an interest in engineering. To register go to: [www.engr.colostate.edu](http://www.engr.colostate.edu) and follow the link to "Exploration Day" then click on "Pre-Register on-line and enter information."

### EXPLORATION DAY @ Bryan LGH College of Health Sciences

**Saturday, October 3, 2009**

See program demonstrations, ask current students questions and begin to lay the foundation for your future. For more information call 402-481-8697.

### HEALTH CAREERS FAIR @ University of Nebraska-Kearney

**Wednesday, October 21, 2009**

The fair will be held in the Nebraskan Student Union in room 238 from 9:30-2:00 PM. Over 40+ representatives from various health care professionals will be sponsoring tables at the fair. Informational sessions will also be hosted by several UNK departments, students, and health care professionals from 11:30-12:30 PM. **Information is available in the Counseling Center.**

### OPEN HOUSE @ Xenon International Academy (Cosmetology, Esthetics and Nail Technology)

**November 1, 2009**

1-4:00 PM

To register call 402-393-2933 ext. 1008

### FRIDAYS @ Wayne State College

**Fall Visits:** September 25, October 9, 16, and 23, November 6 and 20, December 11, 2009

**Spring Visits:** January 9, February 5, 12, and 26, March 19 and 26, and April 16, 2010

These days are designed for prospective students and their parents so they can experience what makes Wayne State a great place to be. This day includes:

- Information about the admission process and financial aid
- Student panels – meet WSC students and hear what they say about life at Wayne State
- Appointments with the academic department of your choice
- Campus experience
- Free lunch at the campus dining facility
- Parents are invited and encouraged to attend!

Register at [http://www.wsc.edu/admission/visit\\_campus/fridays\\_at\\_wsc/](http://www.wsc.edu/admission/visit_campus/fridays_at_wsc/)

## SCHOLARSHIPS \*\*\*\*\* SCHOLARSHIPS \*\*\*\*\* SCHOLARSHIPS

Register with **ScholarhsipQuest** on the **EducationQuest** website.

You will be asked to create a profile and then be directed to this database.

Only Nebraska scholarships which match your profile will be listed each time you log in.

You may update your profile at anytime. This site is a secure site and your personal information will be kept confidential.

Click on the ScholarshipQuest site weekly for a listing of new Nebraska scholarships promoted at ScholarshipQuest ([www.educationquest.org/scholarshipquest.asp](http://www.educationquest.org/scholarshipquest.asp))

National Scholarships can be found through the following sites:

- [www.fastaid.com](http://www.fastaid.com)  
[www.scholarshipmonkey.com](http://www.scholarshipmonkey.com)  
[www.ScholarshipExperts.com](http://www.ScholarshipExperts.com)  
<https://studentaid2.ed.gov/logon.asp>  
[www.Schoolsoup.com](http://www.Schoolsoup.com)  
[www.CollegeBoard.com](http://www.CollegeBoard.com)

Be aware of scholarship and financial aid scams. Don't pay for these services!

Continue to be aware of the Student Services Bulletin and the East High School Student Services website, which will include **only** those scholarships **not** found at ScholarshipQuest.

### THE SCHOLARSHIP PROCESS!

1. Note the scholarship deadline—"Deadlines are deadlines!" Our Counseling Center also sets firm deadlines for signups, applications, nominations, etc. – organize your scholarships in deadline order.
2. Determine whether you access the application on a) a web site, b) in the Counseling Center, or c) by sending away for the application.
3. If a paper copy is needed, go to the Counseling Center and look in the brown file cabinet labeled SCHOLARSHIPS.
4. Pull the application out of the file. If it is the last copy, take the file to the Counseling Center secretary Mrs. Cruickshank.
5. If there is no file or application, see our secretary.
6. If you need a transcript, order it from Ms. Hare our registrar at least 3 days in advance. If a letter of recommendation is required, contact references (teachers, counselor, coach, employer, etc.) at least two weeks in advance. Give them a completed copy of your Student Information Summary and/or a personal resume and a stamped, addressed envelope(s) if directions ask for the letter of reference is to be mailed directly to the school or university.
7. Complete all applications neatly, carefully and completely – type them/use the computer form whenever possible. NEVER fill out an application in pencil.
8. Most scholarships require YOU to compile all needed information and mail before the deadline. If instructions state otherwise, let references know who receives their letter and when the letter of recommendation is due. We recommend that you make a copy of your application for your file before mailing.
9. Questions: See your counselor.

### SCHOLARSHIP INFORMATION:

NAME	SPONSOR	AMOUNT	ELIGIBILITY	DEADLINE
Hearst Foundation Scholarship Program	U.S. Senate Youth Program – Administered by the Nebraska Department of Education	104 - \$5000 and a week in Washington, D.C. all expenses paid.	1) Senior/Junior provided you have NOT previously been a delegate to the program and are currently serving in an ELECTED capacity in any one of the following student government, civic or educational organizations: a) Student body president, vp, secretary or treasurer, b) Class president, VP, secretary or treasurer, c) Student Council representative, d) Student representative to district, regional or State-level civic or educational organization. 2) You must be a permanent resident of the USA and living with a parent/guardian in Lincoln. 3) <u>Take a qualifying exam.</u>	09/09/09 – Turn in to Ms. Baker on or before this date. Pick up an application in the Counseling Center. You will be notified later of the date of the qualifying exam.
<b>Davidson College, NC Bryan Scholars and Davidson Scholars Program</b>	Davidson College, NC	\$2,000 to \$20,000 annually or \$30,000 annually	1) Enrolling at Davidson College, 2) Exceptional athletic capable of playing Division I and strong academic records.	09/18/09 See Mrs. Baker if you would like to be nominated for this scholarship program.

**New**

	NAME	SPONSOR	AMOUNT	ELIGIBILITY	DEADLINE
New	Washington University in St. Louis – Dan forth Scholars Program - Nomination	Washington University – St. Louis, MO	Partial and full	See Ms. Baker if you are interested in being nominated for the Danforth Scholars Program at Washington University: Nomination includes information about the student’s special qualities, exceptional contributions, personal integrity, leadership, academic excellence, and potential.	10/01/09 See Ms. Baker by October 1 for the <b>October 15 deadline</b> .
New	Coca-Cola Scholars	Coca-Cola	250 awards 50-\$20,000 200-\$10,000 OUR CEEB Code: 281303	1) Minimum 3.0 unweighted GPA at end of junior year, 2) Be on-line to graduate in 2010 and attend college, 3) Demonstrate leadership in school, civic and other extra-curricular activities, academic achievement, and motivation to serve and succeed in all endeavors.	10/31/09 Submit electronically at: <a href="http://www.coca-colascholars.org">www.coca-colascholars.org</a>
New	Emory Goizueta Business School	Emory University – Atlanta, GA	Varies	Apply to Emory (not early decision), complete application and essay.	11/01/09 Pick up a nomination form in the counseling center.
New	Emory Scholars Program	Emory University—Atlanta, GA	Range from 2/3 tuition to full tuition, room and board	Apply to Emory University, complete application and essay.	11/01/09 Pick up a nomination form in the counseling center.
New	Skidmore College Department of Music – Filene Scholarship Competition	Skidmore College – Lincoln and Therese Filene Foundation	\$40,000 (\$10,000/year)	1) Plan to enroll at Skidmore College, 2) Register online and send cassette/CD You do not have to be a Music Major!	1/15/10 <a href="http://www.skidmore.edu/academics/music/scholarships/Filene-index.htm">http://www.skidmore.edu/academics/music/scholarships/Filene-index.htm</a>
New	University of Missouri-Columbia College of Business Ponder Minority	MU	\$5,000 renewable yearly	1) Enrolling at MU College of Business in accountancy, economics, finance, international business, management, or marketing, 2) Minority student – African American, Asian/Pacific Islander, Hispanic, Native American/Alaskan, 3) Financial need, 4) Academic achievement.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/1895/default.aspx">http://business.missouri.edu/1895/default.aspx</a>
New	University of Missouri-Columbia College of Business Robert J. Trulaskie, Sr	MU	\$6,675 renewable yearly	1) Enrolling at MU College of Business, 2) Children of True Manufacturing Co employee, 3) Financial need, 4) Upper two-thirds of class, 5) Exhibited business interest.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/721/default.aspx">http://business.missouri.edu/721/default.aspx</a>
New	University of Missouri-Columbia College of Business Sam Walton Scholarship	MU	\$6,675 renewable yearly	1) Enrolling at MU College of Business in economics, finance, international business, management, or marketing, 2) Academic achievement, 3) Financial need, 4) Interest in retail.	02/01/10 Apply on-line: <a href="http://business.missouri.edu/1367/default.aspx">http://business.missouri.edu/1367/default.aspx</a>
	Dr. Seuss’s Oh, The Places You’ll Go! 2010 College Scholarship Program	Random House Children’s Books	1 <sup>st</sup> place - \$5,000	1) Graduating senior, 2) Complete the essay question: “Dr. Seuss’s <i>Oh, the Places You’ll Go!</i> Delivers an important message about the chances and the troubles that life presents. Thinking about the book, <i>Oh, The Places You’ll Go!</i> , what kinds of opportunities and challenges do you think your education will present in the future?”	02/15/10 Application online <a href="http://www.ohtheplaces.org">www.ohtheplaces.org</a>