

Welcome to the 2020/2021 School Year!

Dear Parents/Guardians,

We are getting closer to the start of the 2020/2021 school year. In this packet you will find information regarding Readiness Days and Schedule Change Information. We are excited to see our students and families on July 29th and 30th. Due to safety protocols we have changed some procedures, so please read the packet carefully and call if you have any questions.

As we get closer to August 12th and 13th, specific information will be coming about our protocol for how we will specifically do school. Some of those protocols will include which door students are to enter, screening for temperatures, what passing period will look like, how breakfast and lunch will be handled, just to name a few.

We recognize we are facing unprecedented times in our community, nation, and world and appreciate your patience as we work to ensure the safety of our whole community.

We are grateful for your partnership and look forward to seeing you all soon!

Susan Cassata
Principal
Lincoln East High School

READINESS DAYS

10th 11th and 12th Grade Students

(9th Grade students will complete Readiness Day items on their first day of school.)

July 29th 8:30 - 11:30

11th Grade

- 8:30 - 9:30 Last Name A-G
- 9:30 - 10:30 H - O
- 10:30 - 11:30 P - Z

July 30th 8:30 - 11:30

10th Grade

- 8:30 - 9:30 Last Name A-G
- 9:30 - 10:30 H - O
- 10:30 - 11:30 P - Z

July 29th 12:30 - 3:30

12th Grade

- 12:30 - 1:30 Last Name A-G
- 1:30 - 2:30 H - O
- 2:30 - 3:30 P - Z

July 30th 12:30 - 3:30

Any Grade 10 - 12

- 12:30 - 1:30 Last Name A-G
- 1:30 - 2:30 H - O
- 2:30 - 3:30 P - Z

Readiness Days Steps:

Step 1 - Enter at Main Entrance **Door #1** (Face Coverings Required)

Step 2 - Return items belonging to East High School (**Please have items bagged and labeled with student ID number.**)

Step 3 – Complete Student Verification, Fee Waiver, sign up for ParentVUE. (**Please Note: Student Verification and Fee Waiver may be completed online before Readiness Days.**) Receive Student Readiness Days Card

Step 4 - Pay in person for Chromebook Assurance, Yearbook

Step 5 - Lifetouch Pictures for Student ID/package purchase

Step 6 - Chromebook Check out for New to East Students

Step 7 – Complete or Turn in Athletic Packet Items

Step 8 - Retrieval of items from Lockers, Yearbook Distribution

Exit through Door #1 or South Concourse Door #21

***All scheduled events are tentative and subject to change due to health directives put into place to prevent further spread of COVID-19.**

SCHOOL FORMS:

Please complete the following *online* before Readiness Days:
(School Verification must be completed after July 20th)

- **Back to School Verification-required for all students**
<https://synergyvue.lps.org> Update address, family information, emergency contacts, e-mail address, Request to Provide Acetaminophen and Ibuprofen form, etc.
- **Free/Reduced Lunch application** <https://home.lps.org/ns/free-reduced> .
- **Athletic Participation Packet**– www.lincolneasths.schoolteams.com

Back to School Verification is accessed through ParentVUE the district's Parent Portal <https://synergyvue.lps.org>. If you don't yet have a ParentVUE account, please call the office (402)436-1302 for an activation key.

OPTIONAL SCHOOL PURCHASES:

Use safe distancing and avoid standing in line by paying for these things online **BEFORE** readiness days! View your student's fees and get connected to make your payment or access your existing MySchoolBucks account at MySchoolBucks.com

Chromebook Assurance \$20.00 (\$10 free/reduced)

Yearbook \$60.00

MYSCHOOLBUCKS ONLINE PAYMENT SYSTEM

Lincoln Public Schools is excited to announce a more streamlined and easy way for parents and guardians to pay online for student meals and student fees, including class supplies, field trips and activities.

Beginning July 24, parents can use MySchoolBucks.com for all their school-related payments. LPS already used MySchoolBucks for meal payments prior to this school year.

Parents and Legal Guardians can access MySchoolBucks through their ParentVUE accounts. Other adults can access MySchoolBucks by visiting MySchoolBucks.com and setting up an account.

More information and detailed instructions for accessing MySchoolBucks can be found at payonline.lps.org/

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ATHLETIC PASSES

We are working with the Lincoln-Lancaster County Health Department on developing protocols around athletic events. Part of those protocols include possibly reducing the number of spectators at events or restricting them all together. Due to the uncertainty of spectators being allowed, or that contests might be canceled due to health risks, Lincoln Public Schools Athletic Department has decided we will not sell Adult Athletic Passes this school year. Admission can be paid in cash at the gate by spectators wanting to attend sporting events where spectators are allowed.

We will continue to sell the annual \$35 High School Student Athletic passes to students with the understanding that there will not be refunds given for events that are canceled or where spectators are restricted. These High School Student Athletic passes are icons added to the student's school I.D. and gives them admittance into events where spectators are allowed. If you have any questions, please contact your school's athletic office.

For elementary and middle school students, we will also have \$20 punch cards available at each high school. Again, there will not be refunds given for events that are canceled or where spectators are restricted.

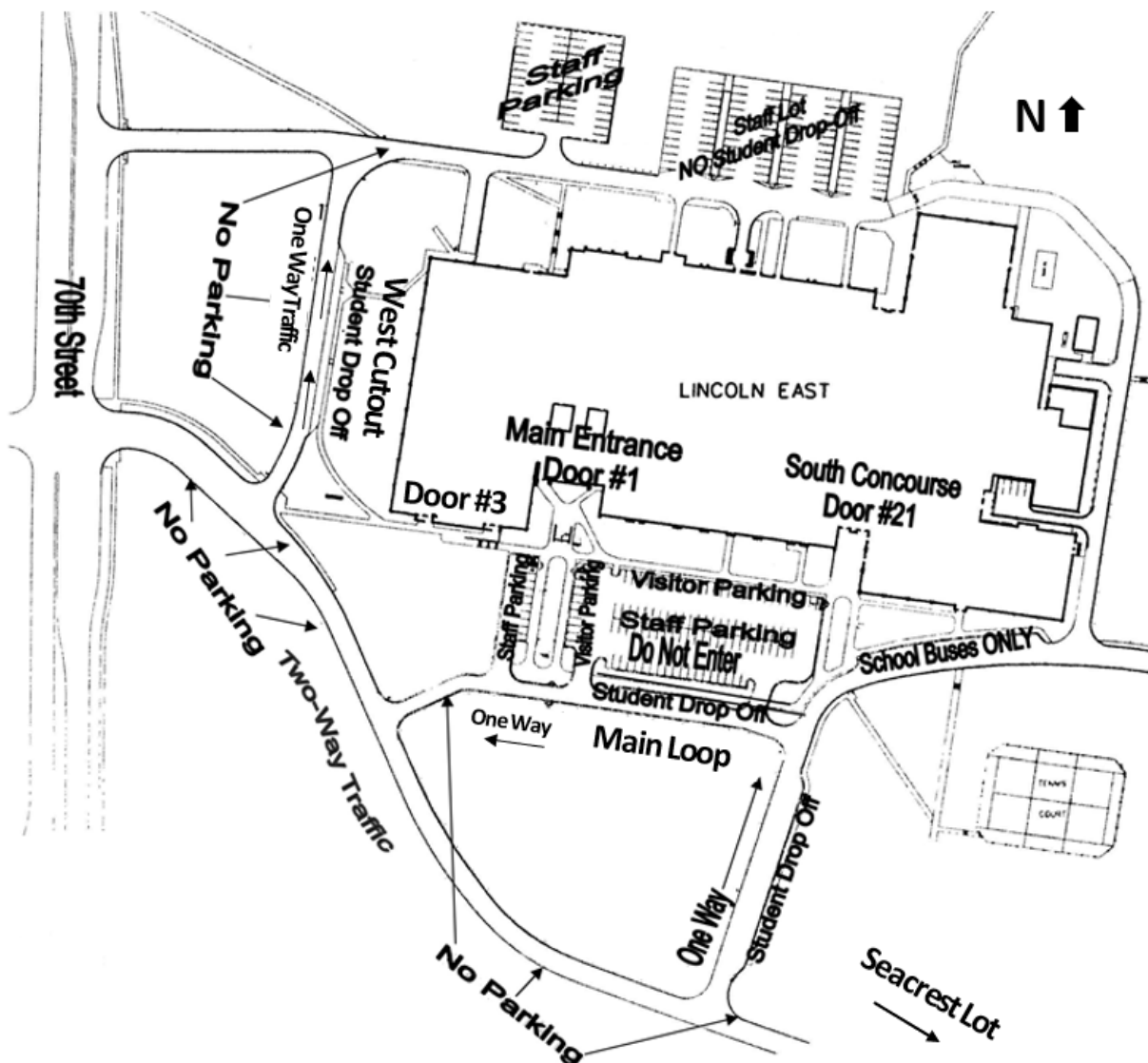
Important Dates	2020-2021
<u>1ST SEMESTER</u>	
Readiness Days 10, 11, 12 th grades –	7/29, 7/30
Early Release-2:00 p.m.	8/12-8/14
1st Day 9th grade –	8/12
1st Day All Students –	8/13
First Home Football Game –	9/3
Labor Day (no school) –	9/7
Quarter 1 P/T Conferences -	9/14
ACT for last year's Juniors only	9/22
Homecoming Game –	9/24
Homecoming Dance –	9/25
Fall Break –	10/16
No School	11/3
State V-ball (Early Dismissal)-	11/5
Quarter 2 P/T Conferences –	11/10
Thanksgiving Break –	11/25-11/27
Semester Finals –	12/18, 21, 22
Winter Break –	12/23-1/4
Moratorium –	12/23-12/27
<u>2ND SEMESTER</u>	
Classes Resume –	1/5
8th Grade Night –	1/6
MLK Jr. Day (no school) –	1/18
2nd Semester P/T Conf. –	2/4, 2/11
Spring Break –	3/8-3/12
No School –	4/2
ACT for current Juniors only–	4/6
Prom-	4/24
2nd Semester Finals –	5/18, 19, 20
Last Day of School –	5/20

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DROPPING OFF/PICKING UP STUDENTS:

Please note the changes to drop off/pick up procedures.

- Please use Seacrest lot or the 3 student drop off areas (labeled on map) when dropping off students.
- Students may enter the building beginning at **7:15 a.m.**
- Where a student arrives at school determines where they will enter the building:
 - If you park or walk up from Seacrest Lot - enter through Door 21 (South Concourse).
 - If you are dropped off in the Main Loop - students enter through Door 1 (Main Entrance).
 - If you are dropped off or walk up from the West Cutout - students enter through Door 3.
- Do not park or stop in the flow of traffic. There is no student drop off in the South lot.
- Please proceed as far as possible to the front of the cut-out before parking.
- Unauthorized vehicles parked in designated staff areas are subject to ticket and/or towing.
- Traffic flow is heaviest from 7:20 a.m. - 8:00 a.m. Please model courtesy and patience for our students.
- All students, not involved in an after-school activity, should be picked up **by 3:15 p.m.**
- There is **NO PARKING** on Teton Drive entering off 70th Street.
- Traffic flow is one-way to the North in front of the West cutout during drop off/pickup.



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COUNSELING CENTER INFORMATION

Counselors are assigned to students based on the first letter of the student's last name.

A-CH Diane Wilson-Dunning

CI-GE Katie Wenz

GF-J Joe Schlegelmilch

K-MC Al Carothers

MD-PA Lori Hemmett—Team Leader

PB-SP Ryan Pitkin

SQ-Z Kristin Murphy

Schedule Changes

On July 22, Students/Parents will be able to view their 2020-21 course schedule on StudentVUE/ParentVUE, Class Schedule Tab. The schedule will have 8 periods listed: 7 classes and 1 lunch. If there is a SEE COUNSELOR, or a need for a schedule change, please follow the procedures outlined in this letter to make a ZOOM appointment with YOUR school counselor (school counselors are assigned by student last name--see below).

Student Directions for Accessing Your Alpha Counselor's Link to Make an Appointment:

1. Beginning JULY 22, go to the [Lincoln East Website \(ehs.lps.org\)](https://ehs.lps.org) to access the online google calendar LINKS to make an appointment with your alpha counselor. (Please do not call or email your counselor to request a change/appointment).
2. CLICK on Schedule Change Procedures (under Announcements) to use the online request system.
3. See page 2 of this document for step by step instructions on how to use the online appointment request system.

Counselors will see students for schedule changes by APPOINTMENT ONLY via ZOOM on the following dates/times:

School Counselor Alpha Assignment	Zoom Appt. Dates/Times AM Hours 8-11:30 PM Hours 12-3:30		School Counselor Alpha Assignment	Zoom Appt. Dates/Times AM Hours 8-11:30 PM Hours 12-3:30	
Wilson-Dunning A-CH	July 24 AM July 27 AM	July 28 AM July 30 AM	Hemmett MD-PA	July 23 AM/PM July 27 AM/PM	
Wenz CI-GE	July 24 AM/PM July 30 AM/PM		Pitkin PB-SP	July 23 PM July 27 AM/PM	July 28 AM
Schlegelmilch GF-J	July 23 PM July 24 AM/PM	July 28 AM	Murphy SQ-Z	July 27 AM/PM July 28 AM/PM	
Carothers K-MC	July 27 AM/PM July 28 AM/PM		All Counselors	July 31 AM/PM Aug 3 AM/PM Aug 4 AM/PM	Aug 6 PM Aug 10 AM Aug 11 AM

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All appointments are 15 minutes. Please **ONLY MAKE ONE APPOINTMENT** so we can serve as many students as possible. This time is for schedule changes only, if you want to meet with your counselor regarding other planning, contact them after August 24.

Can't Make an Appointment? Walk-in Time Available:

Readiness Days July 29 & 30: 2-3 Counselors will be available for walk-in changes, No Appointment Necessary. Please come during your ASSIGNED READINESS DAY time. *During walk-in days expect longer wait times.

August 13 & 14: Only Students who have SEE COUNSELOR, ERRORS or MISSING COURSES on their schedule and could not make a summer appointment. *During walk-in days expect longer wait times.

Last Call for Drop/Add by Student Request:

August 17-21: Students can request last minute schedule changes. Students will use the Counselor Kiosk to request an appointment time with their counselor during the school day. The Counselor Kiosk Link will be located in the student's Graduation Class Google Classrooms and also in the Counseling Center.

Before making an appointment: Please keep in mind that schedule change options ARE VERY LIMITED, and one move may alter the entire class schedule. The class availability is in a constant state of change, therefore, set your appointment when it is convenient for you and not with the worry that earlier is better, as that is not always the case.

After August 24 all schedule changes will require administrator approval and signed parent permission.

Go to the [Lincoln East Website \(ehs.lps.org\)](https://ehs.lps.org) Under Announcements Click on: [Schedule Change Procedures](#)

1. To make an appointment click on YOUR alpha counselor's name.
2. When prompted, log in using your LPS student email (student ID#@class.lps.org) and password. (Parents will need to know the student's ID # and password if they are making an appointment for their student)
3. When the calendar opens, the following messages below will appear. Click on the link to make an appointment.

There are no appointment slots available in the time range shown.

[Next available appointment slot on Jul 23, 2020 »](#)

4. Hover over and click on the desired appointment time slot. You will then be prompted to Book an Appointment. Change the title of the appointment from Counselor Name, Alpha Split (Ex. Hemmett MD-PA) to student's

Last Name, First Name and ID Number. (Ex: Doe, Jane #123456)

Thu 7/23	
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA
Hemmett MD-PA	Hemmett MD-PA

Book an appointment
What Last Name, First Name #123456
When Thu, July 23, 10:30am - 10:45am
Who Carol Cruickshank
Where via Zoom Meeting address: <https://lps.zoom.us/j/9549021582>
Description To complete the appointment process you must:
Change the title of this appointment from Hemmett MD-PA to your last name, first name and ID number.
Click SAVE
Save Cancel

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Note: If you are outside of Lincoln, Nebraska and using the online system--Make sure your device is set in CENTRAL STANDARD TIME ZONE when appointment is scheduled so that it will be the correct time when in Lincoln, Nebraska.

5. Click SAVE to reserve the appointment. If the appointment slot is reserved before you hit save, your computer will freeze or lock up and your request will not save, and you will NOT receive a confirmation. You will need to refresh the calendar and try for another appointment time.
6. If your request was successful, you will receive an Appointment Invitation in your student's LPS email: xxxxxx@class.lps.org. (You do not have to accept the appointment in your email because once you receive the email, you know your appointment is reserved. If you do accept the appointment, it will be added to your Gmail calendar).
7. KEEP THIS EMAIL, it contains your counselor's Zoom address/code. You will need this to join your Zoom appointment. There will be no other reminder about this appointment, so please put it on your personal calendar.
8. If you need to CANCEL your appointment, please call 402-436-1302, opt. 3 so we can reopen that time and you can use the system again to set a new appointment.

If you are experiencing trouble with the online request system, please call the Counseling Center 402-436-1302, opt. 3 for assistance.

If the line is busy, please leave a message and allow 24 hours for a return call.

SCHOOL COMMUNITY INTERVENTION PROGRAM

The School Community Intervention Program (SCIP) encourages schools and communities to form cooperative partnerships that empower them to identify strengths and resources to address the problems encountered by a student's use of alcohol and drugs. If you have specific questions, contact your student's counselor (402-436-1302, option 3).

For further information, please visit these sites:

Parents:

www.theantidrug.com

www.laantidoroga.com (enEspanol)

Students:

www.freevibe.com

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CHROMEBOOK ASSURANCE PROGRAM (CAP)

Lincoln Public Schools offers the opportunity to participate in the LPS Chromebook Assurance Program (CAP) designed to protect students and families from full financial responsibility for Chromebook repairs and/or replacement.

Participation and Fee

Total cost for participation is \$20.00* per device, per school year. Participation is indicated by, and effective upon, fee payment online via ParentVUE (late July) or direct payment to the school. Participation fees are non-refundable.

Claims, Coverage, and Benefit

CAP covers any Chromebook, charger, and carrying case assigned to the student against damage and/or loss. The participation fee covers future repairs up to the LPS cost for a full replacement of the assigned device.

Damage or loss as a result of gross negligence or purposeful damage will not be covered, and the district reserves the right to discontinue participation for students with unusually high numbers of claims. Such discontinuation will be effective 30 days after notification to the student and parent/guardian.

Damaged, lost, or stolen Chromebooks should be reported immediately according to the process described during orientation. Lost or stolen Chromebooks should also be reported to school officials and authorities (Police) within 24 hours and a police report must be filed in the school office.

Effective and Expiration Dates

Coverage is effective from the date of the participation fee payment through the date at which the Chromebook is returned in good condition or the first student day of the next school year.

*\$10.00 per device, per school year for students who qualify for the Free/Reduced Lunch Program.

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2020-2021 LPS ACT Test Preparation Workshops - Remote Learning via Zoom

<https://home.lps.org/act-testprep/>

ALL Courses will be taught remotely using Zoom. Students are expected to attend during class hours and have camera on as well as participate in class fully. Please keep reading for more details.

Workshop Goals:

- ◆ Help students become efficient, effective, confident test-takers for the ACT test.
- ◆ Review test content and learn testing strategies.
- ◆ Provide outstanding, affordable test prep for *all* students including private and home-schooled students.

What you should not expect from the workshop:

- ◆ A prep workshop CANNOT substitute for good academic preparation. A student should take college prep classes or the most challenging courses he or she can handle, and READ, READ, READ to improve reading speed and comprehension.
- ◆ A prep workshop CANNOT guarantee test scores that ensure scholarships or college admission. LPS workshops provide an excellent opportunity to prepare, but score improvement depends mostly on a student's time and energy investment.

Cost: \$125 per FULL workshop; \$60 Quick Review

Tuition is reduced if a student qualifies for free or reduced lunch. Contact Michelle Fonck or your school counselor for reduced tuition information.

Refund Policy: Cancellation requests must be received before the first class date. A \$20.00 handling fee will apply.

Late Registration Fee: \$20 (if not registered by the deadline)

Late Fee For Unpaid Registrations: The \$20 late fee also applies to registrants who have not paid the tuition by the "pay by" date. If a workshop is full, unpaid registrants may lose their spot in the workshop to paid registrants on the waiting list.

Zoom: Sessions will NOT be recorded due to student privacy, so you will be expected to attend during the hours listed. Students will be expected to turn on video camera for instruction. LPS students will also use Google Classroom.

Questions about which test to take, when to take these tests, and how to register for the tests: Please contact your student's school counselor for up-to-date college information. We focus on test prep methods only.

Are there other ways to prepare for these tests? Absolutely! A student can take the practice test in the registration booklet or online at the ACT website; or study independently with prep books available at bookstores. An internet search will offer other local and online options.

Questions? Contact Michelle Fonck

Email: mfonck@lps.org

Phone or Text: 402-617-0692

Students with IEPs may qualify for adjusted testing conditions for a live test. Contact your IEP manager to apply. Your IEP manager must submit documentation used by ACT to determine the type and extent of adjustments allowed.

Please talk to your student before registering!

An evening course after a school day tests a student's endurance. Be sure your student is committed to investing the time and energy needed, and is aware of the workshop rules:

- ◆ Attend via Zoom with a camera on.
- ◆ Attendance & practice scores reported each week.
- ◆ Limit electronic distraction during class.
- ◆ We will contact parents with concerns or absences.

LPS ACT TEST FOR 2021 Seniors Sept 22, 2020:

FREE for 2021 seniors who missed the April test due to COVID-19. These test scores may be used for college admission and scholarship applications. Each high school will register its students for this test. **NO WRITING TEST**

LPS ACT TEST FOR 2021 Juniors April 6, 2021:

FREE for 2022 Graduating Class. These test scores may be used for college admission and scholarship applications. Each high school will register its students for this test. **WRITING TEST**

REGISTER FOR THE NATIONAL TEST: Registering for an LPS workshop DOES NOT register your student for the national test. **You MUST register separately for a national test!**

ACT NATIONAL TEST DATES – Register online at <http://www.act.org/> or by mail using a registration booklet from your school's counseling office.

OPTIONAL NATIONAL ACT WRITING TEST–If a college requires the writing test, your student must register & pay for this optional test when registering for the ACT test.

NO SAT/PSAT Workshop for 2020

SAT NATIONAL TEST DATES - Register at <http://www.collegeboard.com/> or by mail using a registration booklet from your school's counseling office.

PSAT TEST DATE: Oct. 17: *To be considered for National Merit Scholarships, a junior must take the PSAT. Students MUST register through the schools' counseling offices; no online registration.*

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2020-21 FULL WORKSHOP (\$125) INCLUDES:

8 Evening Sessions - 2 Hours Each

- General Test Preparation & Strategies (1)
- English, Math, & Science Strategies & Practice (2 each)
- Reading Strategies & Practice (1)
- Taught by content area teachers current in ACT changes and procedures.
- Fee includes the Official ACT Prep Guide 2020-2021 with 5 complete practice tests - 2 will be used in class. 3 can be used independently.

ACT 1 Workshop - All classes are 6:30-8:30 pm on ZOOM unless noted (timed for the Oct. 24 test)

Monday, Aug. 17	Monday, Sept. 21
Monday, Aug. 24	Monday, Sept. 28
Monday, Aug. 31	Monday, Oct. 5
Tuesday, Sept. 8	*Saturday, Oct. 10, 8:00-11:45 am
Monday, Sept. 14	

Register by: Aug. 12, 2020**Pay by:** August 14 to avoid the late fee

*Saturday class is an optional full practice test that will be done independently.

2020-21 QUICK REVIEW (\$60) INCLUDES:

5 Evening Sessions - 2 Hours Each

- General Test Preparation & Strategies (1)
- English, Math, Reading, & Science Strategies & Practice (1 each)
- Taught by content area teachers current in ACT changes and procedures.
- Materials provided electronically via Google Classroom from ACT.org. No book required or provided.

QUICK REVIEW All classes are 6:30-8:30 pm on ZOOM*All classes are 6:30-8:30 pm (timed for Sept. 22 exam - seniors ONLY)*

Thursday, Aug. 20	Thursday, Sept. 10
Thursday, Aug. 27	Thursday, Sept. 17
Thursday, Sept. 3	

Quick Review Fee: \$60**Register by:** August 12, 2019 – maximum 60 students**Pay by:** August 14 to avoid the late fee**ACT 2 Workshop - All classes are 6:30-8:30 pm on ZOOM unless noted (timed for the Dec. 12 test)**

Monday, Oct. 12	Monday, Nov. 16
Monday, Oct. 19	Monday, Nov. 23
Monday, Oct. 26	Monday, Nov. 30
Monday, Nov. 2	*Saturday, Dec. 5, 8:00-11:45 am
Monday, Nov. 9	

Register by: Oct. 5, 2019**Pay by:** October 8 to avoid the late fee

*Saturday class is an optional full practice test that will be done independently.

ACT 3 Workshop - All classes are 6:30-8:30 pm on ZOOM unless noted (timed for Apr. 17 national test & Apr. 6 LPS junior test)

Monday, Jan. 25	Monday, Mar. 1
Monday, Feb. 1	Monday, Mar. 15
Monday, Feb. 8	Monday, Mar. 22
Monday, Feb. 15	*Saturday, Mar. 27, 8:00-11:45 am
Monday, Feb. 22	

Register by: Jan. 15, 2020**Pay by:** Jan. 20 to avoid the late fee

*Saturday class is an optional full practice test that will be done independently.

ALL CLASS SCHEDULES SUBJECT TO MINOR CHANGE

ALL CLASSES WILL BE HELD VIA ZOOM from 6:30-8:30 p.m..
Students should attend all evening classes in a workshop. If a student is absent, no makeup class will be offered. When possible, homework and handouts will be provided electronically via Google Classroom. Classes will not be recorded. Please be patient as our teachers are learning a new way to serve you. Communication will be regular and will be sent via email. When registering, please provide both parent and student email addresses.

Workshop Coordinator
Michelle Fonck
Email: mfonck@lps.org
Phone or Text: 402-617-0692

REGISTER ONLINE:<https://home.lps.org/act-testprep/>

Click on the Workshop Information tab and choose "Register Now."

TWO PAYMENT OPTIONS:

- 1) Mail check to: LPS Test Prep, Box 19, LPSDO, 5905 O Street, Lincoln, NE 68510 (payable to Lincoln Public Schools; write your student's name on the "Memo" line).
- 2) Online via SchoolPay system link sent manually (via email) from Shelby Hershberger - shershbe@lps.org. A processing fee of \$4.98 will be added to the transaction.

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Important East High School Information

STUDENT HANDBOOKS

Student handbooks will be uploaded on to the student's Chromebook. It can be found under Google classroom and the appropriate year of graduation.

ELECTRONICS POLICY

- Students who bring electronic devices to school do so at their own risk. The District is not responsible for the security and safekeeping of students' electronic devices and is not financially responsible for any damage, destruction, or loss of electronic devices. Students may use these items prior to 7:55 a.m., during their scheduled lunchtime in the cafeteria and commons, after the dismissal time and during passing time between classes.
- Cell phones are to be off (not on vibrate) and out of sight during class periods (bell to bell) unless the use is related to instruction as directed by the classroom teacher. Students may use cell phones before school, at lunch, during passing periods, and after school. Failure to comply may result in disciplinary action including confiscation of the phone.
- Use of electronic devices during class time is under the teacher's supervision and usage is to enhance classroom learning. Violations of the policy expectations will be enforced by the teacher for initial infractions, which may include confiscation of the item for the remainder of the school day, and a phone call home. Repeated violations will follow due process and a referral will be written to the students' Administrator of record.
- Cell phones and other electronic devices are valuable and important communicative devices in today's world. However, the use of cell phones during the class period can distract from the learning process.

SENIOR PHOTO INFORMATION

- You may choose any photographer; however, the photograph submitted for use in the yearbook must meet the specifications to the satisfaction of each school's yearbook advisor. Take the specifications with you to your photo shoot to make sure your photographer is aware of the requirements. Make sure your photographer agrees to follow these specifications BEFORE you have your picture taken. Seniors' school identification photo will be used if no other photo is submitted for the yearbook.
- **For more information go to:** home.lps.org/english/yearbook
- **Deadline October 31st:** Photo placement in the yearbook cannot be guaranteed if the photo is received after this date.

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WITHDRAWING FROM COURSES

(DISTRICT POLICY)

A student may withdraw from a 9th-12th grade semester or quarter class during weeks one through three without notation. If a student withdraws during weeks four through eleven of a semester, a “W” will be placed on the student record. If a student withdraws during weeks 12 through 18 of a semester class, an “F” will be placed on the student record unless approval is granted for either a “W” or an “INC” to be placed on the student record. Approval must be granted by the principal or his/her designee.

PARKING

Students parking on school property are required to register their vehicles for the upcoming school year. Information on registering vehicles will be provided at the start of the school year. All student parking is located at the Seacrest Field parking lot. Unregistered vehicles will receive a \$10 parking ticket. **ALL other parking areas adjacent to the school building are assigned to visitors and staff ONLY.**

Students enrolled in classes outside of the building (TCA, Focus Programs, etc.) must park at Seacrest Field. Vehicles parked in unauthorized areas, such as fire lanes, bus lanes and staff lots will be ticketed, and can be towed at the owner’s expense. Vehicles parked in these zones can be towed without prior ticketing. Please use the drop off and pick-up zones when dropping off/ picking up your students.

GOPO HOURS

GOPO service-learning hours for all students who will take the course during the 20-21 school year are waived.

LINCOLN PUBLIC SCHOOLS
NUTRITION SERVICES DEPARTMENT
Information for Parents
2020-21 SCHOOL YEAR

HIRING FOOD SERVICE WORKER POSITIONS: Would you like a job that allows you to work only on the days when your child is in school with great pay and health insurance options? We currently have four, five- and six-hour positions available. Apply on-line at lps.org

NEW FREE AND REDUCED MEAL APPLICATION IS REQUIRED EACH SCHOOL YEAR. Free and reduced applications are not renewable – they do not carry over from year to year. Families who receive a letter from Lincoln Public Schools Nutrition Services Department stating that their children have been Direct Certified for free meal benefits do not need to complete an application –please make sure all the school age children in your home are included in this letter. If one or more of your children are not listed - please call the Nutrition Services office at 402-436-1746. Free and Reduced Meal Application will be available **on-line at lps.org**. The on-line application is fast and secure taking only one to two working days to process. If you apply on-line and have an e-mail address registered with LPS you will receive an e-mail notification as soon as your application has been processed. Paper applications may take as long as ten (10) working days to process. Parents/Guardians are responsible for paying for school meals or supplying a sack lunch from home until meal benefits have been determined. Nutrition Services is not responsible for lost paper applications.

WEB SITE FOR PAYING FOR STUDENT MEALS ON-LINE: follow the link at lps.org to MySchoolBucks. A transaction fee will be charged. Cash or check payments for meals can be made at the school.

FOOD ALLERGIES REQUIRING A SPECIAL DIET: the “Medical Statement for Students Requiring Special Meals” (available on the Nutrition Services web page) must be completed and signed by a Physician and turned into the school Health Office. After submitting the form, please plan to send a meal with your child for up to three days so that our staff has time to order the foods necessary to accommodate your student’s diet restrictions.

Nutrition Services Meal Prices for the 2020-2021 School Year

High School Lunch

Paid	\$2.80
Reduced40¢

Breakfast

Student Full Priced Secondary	\$1.50
Reduced30¢

*All scheduled events are tentative and subject to change due to health directives put into place to prevent further spread of COVID-19.

LINCOLN AFJROTC at NORTHEAST

Air Force Junior Reserve Officer Training Corps (AFJROTC)

MISSION: *"Develop citizens of character dedicated to serving their nation and community."*

OBJECTIVES OF PROGRAM

The Lincoln AFJROTC is NOT a military recruitment program. It is a leadership and character-building program. While certainly some cadets enter our program with the plan to eventually go into the military, only about 8% of AFJROTC cadets nationwide ever do. The objectives of the Lincoln AFJROTC are to educate and train high school students in citizenship, promote community service, instill responsibility, character, and self-discipline, and provide instruction in air and space fundamentals.

The AFJROTC program is grounded in the Air Force core values of "Integrity First", "Service Before Self", and "Excellence in All We Do". The academic curriculum emphasizes global and cultural studies, the development of flight, applied flight sciences, military aerospace programs, and space exploration.

WHO IS ELIGIBLE

High school students throughout Lincoln are eligible to enroll in the classes offered at Northeast. We have students from all six LPS schools plus three of the Lincoln private schools.

CURRICULUM OFFERED

Courses are offered each semester with classes held during five periods each school day at Lincoln Northeast, including one class period that is at 7:00 am (before school starts). These classes are taught by retired Air Force members who hold Nebraska Teaching Certificates and include courses on leadership, exploration of space, and the science of flight.

Community Service

In an effort to produce well-informed and civic-minded citizens, the Lincoln AFJROTC encourages cadets to get involved in their local communities. Easily the most rewarding aspect of the AFJROTC experience is the cadet community service projects. Working as a team, they contribute service hours to organizations such as Wreaths Across America, Relay for Life, the Lincoln Mud Run, the Special Olympics and more. Of course, fundraising to support these efforts is also required, so the unit has a fireworks stand and works concession sales at games in order to accomplish their mission and goals.

EXTRA CURRICULAR EVENTS

The Lincoln AFJROTC hosts activities like our Marksmanship program, a Model Rocketry program, and a competitive Drill Team. In addition, we provide Color Guard teams for events throughout the Lincoln area, including many State Capitol events. We go on many field trips during the school year, such as the Strategic Air and Space Museum in Ashland, the World War I Museum in Kansas City, and helicopter rides with the Army National Guard.

RELATED LINKS:

<http://wp.lps.org/afjrotc>

<http://www.youtube.com/LincolnAFJROTC>

Lincoln AFJROTC at
Northeast High School
MSgt Trent Woodruff
twodru@lps.org

402-436-1303, op 2



The Lincoln AFJROTC Color Guard presenting the Colors at the 2019 College World Series of Baseball in Omaha.



Members of the Lincoln AFJROTC unit taking care of our stretch of the Mahoney bike trail in Northeast Lincoln.



Basic Information Sheet for Lincoln Air Force Junior ROTC

First of all, please realize that there is **no** military commitment associated with joining our Air Force Junior ROTC program. In fact, it is actually illegal for the two program instructors to actively recruit cadets for the military (we are allowed to talk about it, but only if the cadet initiates the conversation). We are retired from the military ourselves. Nationwide, only about 8% of Air Force Junior ROTC cadets join the military, which shows that our program is not focused as a military recruitment endeavor. We have a wide range of students who find our program enjoyable. Even if your student is not interested in joining the military after high school, we believe there are many benefits to their taking our course, such as improved self-discipline, attention to detail, teamwork, confidence, and leadership skills, just to name a few. Of course, there are additional benefits if someone is looking at the military as a career.

Speaking of students, we have cadets who attend our program from almost every school in Lincoln. Even though our program is housed at Lincoln Northeast, we are represented this year by cadets from East, Northeast, North Star, Lincoln High, Southeast, and Southwest within the Lincoln Public School District. In addition, we also have cadets attending from Parkview Christian, Lincoln Christian, and Lincoln Lutheran. For the most part, the non-Northeast cadets are of driving age, as that is their means for getting here. As the Lincoln Public School District does not provide transportation to get to our class, it is the responsibility of the cadet (and/or their family) to get them here and/or back to their home school.

We have five available classes during every school day. Of those, the zero-hour and 7th-period classes are the most easily accessible for non-Northeast students to fit into their schedule. When I refer to zero-hour, this is the class that takes place prior to the normal school day (from 7:00 am-7:50 am). Our 7th-period class has two different schedules. On Tuesdays, it is from 1:23 pm-2:04 pm due to teacher PLC requirements and on every other school day, it is from 2:05 pm-2:55 pm.

Our grading system is broken down into six distinct categories as follows (along with the percentage of the grade that each category represents):

Homework/Classwork:	25%
Tests/Quizzes:	20%
Uniform Inspections:	20%
Physical Training:	20%
Community Service:	10%
Leadership/Teamwork:	5%

Our course is a semester-course in length, though we have eight distinct sets of curricula. This means a cadet can participate in our course for a full four years and never repeat the same material (next year is in bold):

Leadership

Basic Leadership Skills and Health (new cadets)

Communication Skills (experienced cadets)

Life Skills and Careers

Principles of Management

Aviation

Aviation History (new cadets)

Survival Skills (experienced cadets)

The Science of Flight

Exploration of Space

Finally, I would like to put in a plug for our YouTube page. If you're interested in seeing videos of our cadets in action, whether it is learning how to march, being inspected, providing a Color Guard or performing as a member of our drill team, our YouTube page is the place to find them, which can be accessed at <http://www.youtube.com/LincolnAFJROTC>. In addition, you can visit our school website (which is still very basic but being improved!) at <http://wp.lps.org/afjrotc/>. If you have any other questions, please feel free to contact us and thank you for your interest in our program!

*All scheduled events are tentative and subject to change due to health directives put into place to prevent further spread of COVID-19.

ATHLETIC AND ACTIVITY FAQ

HOW DO STUDENTS GET INVOLVED WITH NSAA-SANCTIONED SPORTS?

Fall Interscholastic sports include boys and girls cross country, football, girls golf, softball, boys tennis and volleyball. Football, volleyball, softball and boys tennis have multiple levels of play for grades 9-12. Parent consent forms and current physicals (see note ** below) are required before an athlete is allowed to practice. Packets can be found online at www.lincolneasths.rschooleams.com

The NSAA and LPS continue to recommend students visit their health care provider for their annual visit to complete their pre-participation physical, however based on the high demands placed on our health care system with the COVID pandemic, for this year only NSAA has given the allowance for schools to allow physicals submitted for participation in the 2019-2020 school year to be accepted for the 2020-2021 school year. **All incoming 9th graders and anyone who did not participate in 2019-2020, must complete and submit a pre-participation physical dated after May 1, 2020 prior to being able to participate in 2020-2021.

Please make every effort to fill out online and upload the physical online. (no need to print or turn in hard copies)

Fall sports practices begin **August 10th**; winter sports begin **Nov.16th**, and spring sports **begin March 1st**.

Softball – August 10th 3:30 pm. all players @ softball field

Volleyball – August 10th 3:30 pm. all players @ south / east gyms

Boys Tennis – August 10th 3:00-5:00 pm Res/JV, 5:00-7:00 pm Varsity

Girls Golf – August 10th 6:30 am. @ Mahoney Golf Course

Boys and Girls Cross Country – August 3rd 8:30 – 9:30 am. Pre-Season Meeting @ Cafeteria. First day practice August 10th 3:00 pm. in the wrestling room

For more information go to <http://wp.lps.org/bkabour/lecc/>

Football – Equipment check-out on Friday morning, July 31st.

Srs.and Lettermen @ 9:00, Jrs. @ 9:15, Sophs. @ 9:30 and Fresh. @ 9:45

First day of practice August 10th 3:30 @ Stuart Field

Varsity Sport Coaches

Baseball – Mychal Lanik

Boys Basketball – Jeff Campbell

Girls Basketball -- Dennis Prichard

Cross Country (Boys & Girls) – Brian Kabourek

Football – John Gingery

Boys Golf – Joe Schlegelmilch & Bill Spangler

Girls Golf -- Brian Bullington

Boys Soccer – Colin Smitsek

Girls Soccer – Emily Mathews

Strength and Conditioning – Jake Fincham

Softball – Lance Kingery

Swimming (Boys & Girls) – Emma McEntarffer & Uriah Reimers

Tennis (Boys & Girls) –Chris Stock

Track (Boys & Girls) – John Gingery

Unified Bowling – Ben Wheeler

Unified Track – Ben Wheeler

Volleyball – Nicole Gingery

Wrestling – Keenan McCurdy & Jeff Rutledge

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HOW DO STUDENTS GET INVOLVED WITH NSAA-SANCTIONED ACTIVITIES?

Parent consent forms and current physicals are required for Cheer/Apollonaries by **August 10, 2020**. Packets can be found online at www.lincolneasths.rschooteams.com.

The NSAA and LPS continue to recommend students visit their health care provider for their annual visit to complete their pre-participation physical, however based on the high demands placed on our health care system with the COVID pandemic, for this year only NSAA has given the allowance for schools to allow physicals submitted for participation in the 2019-2020 school year to be accepted for the 2020-2021 school year. **All incoming 9th graders and anyone who did not participate in 2019-2020, must complete and submit a pre-participation physical dated after May 1, 2020 prior to being able to participate in 2020-2021.

All Music activities and Journalism (newspaper & yearbook) have scheduled class times during the school day. Speech, Debate, and Drama begin practices/rehearsal in the fall after classes begin. All paperwork (**no physicals required**) for these activities are done online at www.lincolneasths.rschooteams.com.

Varsity Activities Coaches/Directors

Cheer – Taylor Noble

Apollonaires – Sarah Hartman

Play Production/Drama – Melissa Walburn

Speech – Nick Herink

Debate – John Holen

Vocal Music – Aaron Zart, Lisabeth Wissink

Musical – Shelly Self, Lisabeth Wissink

Newspaper – Jeremy Fischer

Yearbook -- Beth Staswick

Instrumental Music – Tom Thorpe, Del Whitman, Nicole Shivley, Danny Layher

HOW ABOUT HIGH SCHOOL INTRAMURAL SPORTS?

The purpose of intramural sports is to provide an opportunity for East High students not currently involved in an NSAA-sanctioned sport to participate in after-school activities that promote personal growth, competition, fitness, and fun. Intramural sports that have been provided include, but are not limited to: Flag Football, Basketball, Handball, Table Tennis, Volleyball, etc. All students are welcome and encouraged to participate. Contact the athletic/activity office, Matt Davis, at 436-1313 with questions.

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Join the Lincoln East Booster Club today!

Your membership in the East Booster Club helps support more than 750 student athletes, plus coaches and trainers, and ALL sports at Lincoln East with the Booster Club's funding.

All membership levels receive the weekly eNews, featuring updates from each team in every sport, recognition of support on an insert in each seasonal Sports Program, and a 10% discount on annual athletic passes for adults. Becoming a Spartan LIFETIME member is a great way to support current and future Lincoln East Athletes.

Corporate Memberships receive recognition of their support in the Spartan Booster eNews, on the Booster Website, on an insert in each seasonal Sports Program, on sports teams' roster handouts, and on additional Booster social media platforms. Blue Corporate Memberships will include use of your business logo where applicable. Please contact us by email at lincolneastboosterclub@gmail.com for more information about corporate memberships. Become a member today!

Member Info:

First Name(s) _____

Last name _____

Corporate Name: _____

Address _____

Phone _____

Email: _____

Email (2): _____

Membership Levels

Spartan **LIFETIME** Booster \$500 _____

Spartan Booster \$100 _____

Blue & White Booster \$50 _____

Spirit Booster \$30 _____

Additional Contribution \$ _____

Blue Corporate Booster \$750 _____

White Corporate Booster \$500 _____

Signup & payment available online at:

www.lincolneastboosterclub.com OR

Send check with this form to:

Lincoln East Athletic Booster Club

1000 South 70th Street

Lincoln, NE 68510

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